



# Quarterly Newsletter

Vol. 2 | January 2021 | Local Behavioral Health Authority

## Announcement

The Calvert County Health Department has been working diligently to provide updates on vaccinations for the flu and COVID-19. Currently there are no more public flu clinics scheduled; however, anyone looking to get a flu vaccine can schedule their shot on Tuesdays from 8:30am to 11:00am by appointment only. The Health Department is providing COVID-19 vaccines according to the tiers Governor Hogan has set and information on how to pre-register is provided on the Calvert County Health Department Facebook page or website [www.calverthealth.org](http://www.calverthealth.org). The link to pre-register for the COVID-19 vaccine is [www.calvertcountymd.gov/vaccine](http://www.calvertcountymd.gov/vaccine).

The LBHA is happy to announce two new grants that have been approved this quarter. The Crisis Response Services Grant helps to fund a Behavioral Health Crisis Hub to allow a “no wrong door” crisis call line for anyone, anywhere experiencing a behavioral health crisis. This grant also funds an enhanced Residential Crisis Program to help divert individuals in behavioral health crises from hospitalization. The Hub and Spoke Grant is designed to support buprenorphine waived prescribers with serving individuals with an opioid use disorder (OUD). The objective is to facilitate the transfer of an OUD patient from a SUD treatment program (Hub) to a community-based prescriber (Spoke). Based on the patient’s needs, a Care Coordinator would facilitate the movement of patients from Spokes to Hubs and back to the originating Spokes.

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## Inside this issue

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Inside this issue you will find information on the Safe Nights Program, statistics on the Maryland Coalition of Families Grant, and the Calvert County Local Care Team, a resource for children and youth.

## Highlight Story

Calvert County's annual Safe Nights of Calvert County program launched January 3<sup>rd</sup>, 2021 and will be running through February 28, 2021. This initiative provides winter protection for Calvert County's homeless population by offering an overnight shelter in a clean and safe environment. This season we are utilizing Crossroad Christian Church as the permanent shelter location. Currently, eleven men and women experiencing homelessness are participating in the program. The shelter operates from 7:00pm to 7:00am daily, and provides guests with a warm bed and breakfast, a bag of lunch and dinner.

### To qualify, individuals must:

- Be homeless
- Show identification
- Show proof of Calvert County residency
- Be ambulatory and capable of self-care
- Be older than 18, unless accompanied by a parent or guardian
- Pass a background check
- Sign the guest shelter agreement and agree to abide by its provisions

Call Safe Nights of Calvert County at 443-486-8670 to inquire about any additional information. Safe Nights is working with the Calvert County Health Department to safely operate with precautions to prevent the spread of COVID-19.



## Stats Spotlight

The Southern Maryland Family Navigation Program, offered by Maryland Coalition of Families, provides Family Peer Support services to residents of Calvert, Charles, and St. Mary's Counties. A Family Navigator is a caregiver of a child with behavioral health needs who provides information, support, and assistance to other families trying to access services for their child by using peer support. So far in Fiscal Year 2021, the Family Navigation Program has served 40 new families as well as 33 returning families from Fiscal Year 2020. Families served were seeking assistance with accessing resources for mental health and substance use disorder treatment, resources for developmental disabilities, legal concerns, involvement with social services, grief support, school concerns, and involvement with the Department of Juvenile Services. Overall satisfaction with services received averages a 4.94/5 on satisfaction surveys.

## Resource Highlight

The Calvert County Local Care Team (LCT) is an interagency team that functions as a collaboration of helping hands dedicated to providing families of children and youth with intensive needs with the resources necessary to find success. The LCT will:

- Help children with intensive needs receive assistance with the identification of needs and potential resources
- Open doors to make connections to available community resources
- Listen to concerns or worries
- Develop a plan and assist families with a plan

To be eligible for assistance through LCT, you must:

- Live in Calvert County
- Be struggling with multiple areas of need
- Be willing to participate in the process and communicate your intent to follow through with recommendations with support from the LCT

The LCT partners with an array of families, including those with: a history of incarceration, special education needs, special healthcare needs, behavioral health needs, and developmental needs.

Attending an LCT meeting is an opportunity to have child serving agencies in one place to ask questions and develop a plan in a friendly environment. Families can self-refer or agencies can complete the referral with them. Meetings are held on the third Wednesday starting at 9:30 am. We are able to conduct meetings via teleconference or virtually. The in-person meetings are held in the Community Resources Building 30 Duke Street Prince Frederick, MD 20678. For more information, you can contact Ariane Odom at 410-414-5997 and/or [adiane.odom@calvertcountymd.gov](mailto:adiane.odom@calvertcountymd.gov).

## Key Dates

### Upcoming Events:

**January 4, 11, 25, 2021-** Re-grounding our Response Lunch and Learn Training Series from 12:00pm-1:30pm

**January 11, 2021-** BUP 101 for hospital internist from 12:00pm-1:00pm

**January 21, 2021-** LBHA Provider Meeting from 10am-11am

**January 27, 2021-** BUP 102 from 12:00pm-1:00pm

**February 1 & 8, 2021-** Re-grounding our Response Lunch and Learn Training Series from 12:00pm-1:30pm

**February 10, 2021-** Local Behavioral Health Authority Advisory Council Meeting from 12:00pm-2:00pm

**February 18, 2021-** Understanding & Exploring the Role of Cultural Competency in Service Delivery from 9:00am-12:15pm

**February 18, 2021-** Ethical & Cultural Issues in a Healthcare Setting from 1:00pm-4:15pm

**March 18, 2021-** LBHA Provider Meeting from 10:00am-11:00am