## TBOAAC BUSINESS MEETING

Twin Beach Opioid Abuse Awareness Committee

Tuesday, December 10, 2019 6:00 pm Chesapeake Beach Town Hall

## **Minutes**

Attendees: Cathy Letteney, Patti Schleeter, Ashley Staples Sandy Mattingly, Keith Pardieck (Co-Chair), Paul Sullivan, Roseanna Vogt (absent: Candice D'Agostino, Julia Berry, Kathy Clune, Ricky Cress, Jane Benitz, Kristen DePhillip, Cheryl Greene (Co-Chair), Anthony Greene, Drew Licurgo, Mike Shisler).

- **I.** Meeting called to order 6:07 pm
- **II.** Minutes from October 14, 2019 meeting approved.
- **III.** Agenda approved with addition of "Finding guest speakers for forums/events (Vogt)" discussion topic.
- IV. Reports & Old Business
  - Reviewed and discussed weekly Calvert County Overdose Statistics report
  - b. Discussed "The More You Know" addiction awareness forum held in collaboration with Twin Beach Players. Everyone very pleased with event and attendance (>100 people). Our sincere thanks extended to Sherry Lehnen, Melissia Nicholas, and TBP Board, playwrights and actors for making it a success! Also, a huge thank you to Sandy Mattingly for taking coordination lead for TBOAAC and to Paul Sullivan for printing event programs.
  - c. Second St. Anthony's outreach event planning update postponed.
  - d. Thanked Mattingly for ordering new tablecloth. Pardieck has and will be storing at Town Hall.
  - e. Pardieck and C. Greene attended Town Halloween event (Oct. 27) and handed out literature, red ribbon items, and candy. Several attendees expressed gratitude for the "More You Know" event. Our thanks to CCHD, CAASA, and Town for providing handout materials.

## V. New Business.

- a. Resource Provider Forum/Health Fair Feb/Mar/Apr
  - i. Decided to host Health Fair instead of addiction resource provider forum.
  - ii. Will include awareness/prevention/recovery providers

- iii. Will include other health and safety providers, as well as screenings (e.g., blood pressure, cholesterol, dental, etc.)
- iv. Ashley Staples-Reid to take coordination lead
- v. Perhaps collaborate with NBVFD and do it there, if possible.
- vi. Sunday in Mar/Apr before spring sports.
- b. Patti Schleeter provided information on families of incarcerated. A total of 108 people currently incarcerated with about 50% having kids. Perhaps have a forum focusing on support for children of incarcerated parents.
  - CAASA will be having a forum focusing on this that we can help advertise.
  - ii. Perhaps include question on exit poll of next event asking if this is something people would like more information about.
  - iii. Contact info for Sgt. Joshua Underwood, CC Detention Center Re-Entry Coordinator provided to Pardieck to follow-up with for more information.
  - iv. Perhaps have someone from mediation center speak to us.
- C. Discussed hosting an Annual Substance Abuse Awareness 5k in CB similar to Shatter Stigma. There's an interest and people like to participate in runs. However, we recognized that it is a lot of work and we need someone to take lead on event... No leads identified.
- d. Pardieck to draft 2019 Activity Report and circulate to members for comment/revision.
- e. Discussed ideas for next Town Newsletter. They included "The More You Know" and advertising Health Fair.
- f. Vogt to investigate finding dynamic speakers for future forums/events. Nancy McAllister's talk "Mom's Big Year" a good example.

## VI. Upcoming Events

- a. Dr. Drew Fuller, Director of Calvert County Mobile Crisis Unit, to give a 15-min presentation on Opioid crisis in CC and their new mobile crisis unit at the January Chesapeake Beach Town Council Meeting.
- b. Pardieck to invite him to speak to TBOAAC meeting.
- C. Mattingly shared information about musical performers PositiveVibes is hiring to perform at RecoveryFest. This lead to discussion about importance of providing events for people in recovery -- entertainment in a supportive environment. Also working to have CCPS allow screening of "Warning This Drug May Kill You" at schools.

(Note: Candice D'Agostino provided list of upcoming CAASA events via email which were not seen until after meeting. Pardieck provided to group via email the next day. See attached.)

- VII. Next Meeting -- January 14, 2020, 6 pm. Location TBA
- VIII. Meeting Adjourned 7:10 pm

Attachment: List of upcoming CAASA events provided by Candice D'Agostino and circulated post meeting.

- 1) Business outreach CAASA is meeting with the Calvert County Chamber of Commerce on December 12<sup>th</sup> to discuss outreach opportunities; how can we reach the overdose demographic through the local business community? How can we help local businesses share information or develop trainings.
- 2) Working with Sandy Mattingly to put together a program/presentation for the schools.
- 3) January 28, 2020

"Let's Talk" How Do I Start a Support Group?

Location: Calvert Library, Meeting Room 2, Prince Frederick

Time: 6:30 to 8 p.m.

Presenter: Stephanie Newman, Calvert Behavioral Health

Topic: Learn the ins and outs of starting a support group and what it takes to keep

one going.

4) February 11, 2020

"Let's Talk" Mental Health and Your Teen: What's the Connection to Substance Misuse

Location: Calvert Library, Meeting Room 2, Prince Frederick

Time: 6 to 8 p.m.

Presenter: Maryland Coalition of Families

- 5) Planning an opioid update event in the spring; either April or May Topic: Provide an overview of the work that's been done over the past 10 years to address the opioid issue in the County
  - Agency updates
  - Programs
  - Activities
  - Outreach
- 6) April Drug Take Back Day
  - Will host the events as usual but have volunteers on hand to distribute Deterra packets