

TBOAAC BUSINESS MEETING

Twin Beach Opioid Abuse Awareness Committee

Monday, November 12, 2018

7:30 pm

North Beach Town Hall

Minutes

Attendees:

Committee members – Mike Benton, Kristen DePhillip, Sandy Mattingly, Sarah Pardieck, Keith Pardieck (Committee Co-Chair), (absent: Julia Berry, Kathy Clune, Cheryl Greene (Committee Co-Chair), Candice D'Agostino, Cathy Letteney, Mike Shisler, Ashley Staples).

I. Meeting called to order – 7:30 pm

II. Agenda approved

III. September 10, 2018 meeting minutes approved

IV. Old Business

a. Discussed final prep for December 12th Resource Fair (NECC)

- i. Resource provider invitations have been sent out by Staples who also crafted the invitations and sign-up sheet. Staples will be out of town during date of Fair. DePhillip is point of contact for vendors. Six vendors have registered to participate: Pathways, Bayside Recovery, CAASA, NA, Health Department, and PositiveVibes.
 1. Mattingly indicated that PositiveVibes would sponsor Hidden in Plain Sight exhibit.
- ii. Room reservations – Two rooms have been reserved. Pardieck will look into reserving third room for Hidden in Plain Sight Exhibit. DePhillip looking into whether we can provide child care for parents during event.
- iii. Naloxone trainers – Staples has arranged for Anthony/Jess to provide Narcan training.
- iv. Water & Snacks – Benton to provide.
- v. Program – DePhillip to provide. Also since we ran short on time last year, we will introduce providers and then let people mingle rather than give them each 2-4 minutes to talk.
- vi. Sign-in sheet and Feedback Survey – Pardieck to provide

- vii. Advertisements – Benton to work with Mattingly to advertise via Facebook. Pardieck & DePhillip to organize newspaper ads and NextDoor.
- viii. Presentation. We discussed having short (5-10 min) introductory video. Should focus on hope and be locally oriented. DePhillip to pursue.
- ix. Drug take back. DePhillip to confirm CCSO participation.
- b. Twin Beach Players Youth Troop (Sherry Lehnert) – We are still in process of trying to organize a play or youtube video. Next step is to have Lehnert come to one of our meetings. Pardieck
- c. Business outreach (Drug free workplace) – CAASA received grant and in process of working out details on how to collaborate with TBOAAC. DePhillip is lead on this project and will report back.
- d. Holiday Parade (Dec. 1) – Pardieck to confirm whether TBOAAC members are available and willing to participate. Need at least at least three people; two to hold banner and one to toss candy / hand out flyers. As a reminder: no horses; dogs, yes; cars & floats, yes; walking, yes.
- e. Mattingly and PositiveVibes donated TBOAAC table cloth. Very nice; we used at Halloween event.
- f. POSITIVEVIBES, Chase B. Mattingly for the FIGHT successfully secured grant funding from Constellation Energy. Part of the grant will be used to sponsor a parent awareness exhibit, similar to “Hidden In Plain Sight” exhibits that have been used elsewhere, at December Resource Fair.
- g. Briefly discussed Forum Schedule for next year. Will need to meet in early January, if not before, to set topics.
 - i. Feb 24 (Sunday afternoon)
 - ii. May 8 (Wednesday evening)
 - iii. Sept 18 (Wednesday evening)
 - iv. Dec 11 (Wednesday evening)
- h. Discussed outreach. We need to improve community outreach and advertising of events. We are not using Facebook and email list to full capacity. Discussion of hashtag best practices. Benton willing to help with Facebook outreach. Pardieck to talk to Greene to get admin privileges and email list info.
- i. Past outreach events – Pardieck and DePhillip attended CB Halloween event and distributed Red Ribbon Wrist Bands provided by Town of Chesapeake Beach, informational flyers, and candy. Event was well attended. NBVFD Open House event cancelled due to weather; has not been rescheduled as of this date.

V. New Business

- a. Discussed sponsoring Color Purple event. Similar to Red Ribbon in that its purpose is to raise awareness about drug abuse. Encourage

business and others to use purple lights during specified week. Chris Herron, former NBA basketball who overcame drug addiction is movement's face. Perhaps worth doing if Herron would come and speak, but not sure otherwise. <https://www.qacgoespurple.org/>.

Probably would need to involve county as well. Also some concern that purple is used for other causes as well.

- i. Gabe Stewart, a local (Huntingtown) and powerful speaker on this topic was also discussed as a potential draw to a forum. **DePhillip** to investigate further.
 - ii. Public "Mock Crash" event also discussed in collaboration with County. Locations: Kellams Field or Fair Grounds are possible locations.
- b. Briefly discussed how overdose numbers and deaths are higher in twin beaches area than any other part of county, and how we want to encourage the county and hospital to ensure adequate health care services are being provided. Mayor Mahoney sent letter to Dean Teague, President of CalverthHealth, expressing this concern. Also noted need for improved communication between towns, CCHD, and hospital.
- c. Membership: TBOAAC needs and welcomes more members.

VI. Upcoming Events and Committee Meetings Dates

a. Dec. 12: Resource Fair at NECC, 6:30 – 9:00

- i. Get general information and have one-on-one conversations with resource providers to find the help or information you or a loved one needs to overcome substance abuse.
- ii. Free Narcan training. Narcan is a safe and effective medication to reverse an opioid overdose and save someone's life. Training will be provided to interested participants. Upon successful completion you will be given a Narcan kit.
- iii. CCSO Deputies will be on site to take unwanted/unused prescription drugs off your hands and dispose of them properly.
- iv. Hidden in Plain Sight exhibit. Often parents are the last to know... Don't be that parent. This simulated bedroom exhibit highlights common hiding places for drugs in the home. Learn what to look for and where to look.

VII. Adjourn